



Contact for:

- On-call Service
- Inpatient Care
- Therapy Groups

The Marian Centre - SUBIACO

187 Cambridge Street Wembley
 Western Australia 6014
 Tel 08 9380 4999 Fax 08 9388 3179
 reception@themariancentre.com.au



THE MARIAN CENTRE

Growth through choice and understanding

www.themariancentre.com.au



Contact for:

- Assessment & Management Plans
- Outpatient Assessment & Management Plans

The Marian Centre - WEST PERTH

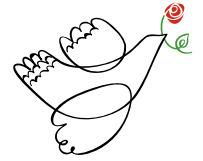
15 Colin Street West Perth
 Western Australia 6005
 Tel 08 9486 7399 Fax 08 9481 4105
 info@themariancentre.com.au

24 Colin Street West Perth
 Western Australia 6005
 Tel 08 9486 7399 Fax 08 9481 4105
 info@themariancentre.com.au



THE
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| Referrer's Information |



The Marian Centre is a new comprehensive private mental health service that provides **Inpatient Care, Outpatient Review and Day Patient Therapy.**

Our mission is to serve our colleagues and patients through providing a compassionate, evidence-based, integrated and comprehensive service for patients, families and carers.

We provide

- highest quality care
- access for patients
- General Practitioner collaboration
- acute management
- chronic disease management
- research
- education

We value

- understanding and compassion
- choice for patients, their families and carers
- growth: psychological and social

Locations

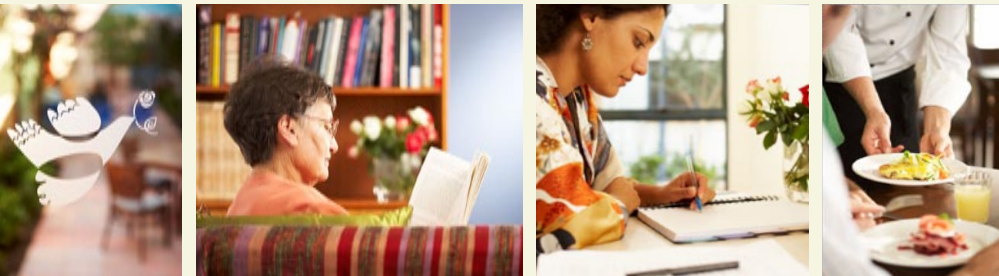
Consulting Rooms

Our Consulting rooms are located at 15 and 24 Colin Street, West Perth. The theme of peace and calm extends from the tranquil garden settings through to our welcoming staff.

Hospital

The hospital is located at 187 Cambridge Street Wembley, in the heart of the Subiaco Medical Precinct. A full range of providers is within walking distance.

The hospital has undergone a full refurbishment resulting in a soothing, settled and calm atmosphere to encourage healing. Tranquil water features and garden courtyards combine with comfortable lounge areas and generous rooms, promoting a sense of peace and relaxation.



Choice is essential for those suffering from mental health problems. We work to match the needs of the patient and family with the service, offering greater choice to referrers, patients and carers in Western Australia.

Growth and Support

Mental illness can be traumatic, destabilizing and confidence shattering. We work firstly to decrease symptoms and reduce pain, and then move towards assisting with recovery and growth.

Quality

Patients and families suffering with mental health issues deserve quality care. The Marian Centre has a full certification from the Australian Council of Healthcare Services (ACHS) and is a member of the Australian Private Hospitals Association (APHA).

Teamwork

Restoring health and confidence is never an individual task. It is a collaboration between the patient, their family and supports, mental health professionals and the General Practitioner.

Coordinated Interventions

We use a treatment model that takes into account the biological, spiritual, psychological and social needs of each patient. We offer a wide range of treatment options, which are planned for each patient.

Evidence & Research

Our Quality program includes reviews on research literature to ensure our treatments are evidence based and reflect the highest standards available.

Education

For patients and families, mental illness can be threatening and frightening. Education about illness can help give a sense of control.

Professional Development

We are involved in the training of medical students from Notre Dame University.

Mental health issues can bring isolation and alienation. Human contact and understanding are central to recovery.

We have a knowledgeable and approachable group of affiliated, independent Psychiatrists, Psychologists and Therapists.

We work together to maximise the effectiveness of our care. At the hospital our nursing staff deliver and promote excellence and compassion. Our Reception and Administration staff will welcome your patients and ensure their comfort.

15 Colin Street, West Perth

Psychiatrists

Dr Martin Chapman
MBBS FRANZCP

Dr Gemma Edwards-Smith
MBBS FRANZCP

Dr Michael Hagan
MBBS FRANZCP
Certif. Child Psychiatrist

Dr Peter Hoffman
MBBS FRANZCP

Dr Jaroslaw W Komeda
MBBS FRANZCP
Certif. Child Psychiatrist

Dr Stephen Proud
MBBS FRANZCP

Psychologists

Mr Paul Buttigieg
Clinical Psychologist
BA (Psyc), Grad. Dip. Appl. Psyc.,
M.Psyc. (Clinical)

Mr Neel le Roux
Clinical Psychologist
BA (Hons) MA (Clinical Psych.)

Ms Helen Macartney
Clinical Psychologist
B.A., M.App. Psych (Clinical)

Ms Gayle Maloney
Clinical Psychologist
BA (Hons) M Psych (Clinical) MAPS

Ms Marcia Mumme
Clinical Psychologist
BA (Hons) M Psych (Clinical) MAPS

Ms Kate Negoescu
Clinical Psychologist
BA (Hons) MPsych (Clinical)

Ms Halina Selwyn-Cross
Clinical Psychologist
BA (Hons) MA (Psych)

Psychoanalytic Psychotherapist

Mr Jim Crawley
BA (Hons) BD MSocSc.

24 Colin Street, West Perth

Psychiatrists

Dr Rebecca Adams
MBBS
Diplomate of The American Board of
Psychiatry & Neurology

Dr Aaron Voon
MBBS FRANZCP
Certif. Child Psychiatrist

Dr Warwick Black
MBBS, FRANZCP
Certif. Psych. Old Age

Dr Meta Schenk
MBBS, FRANZCP

Psychologists

Mr Peter Gasper
Clinical Psychologist
BPsych MPsych (Clinical)

Mr Paul Jeffery
Clinical Psychologist
BSc(Hons) MPsych (Clinical)

Dr Melissa Ree
Clinical Psychologist
BSc (Hons) MPsych (Clinical) PhD

Dr Kelly Botha
Clinical Psychologist
BSc (Hons) MPsych (Clinical) PhD

Our Treatments

Patients with mental health issues may present in a complex fashion. Often they may have features of multiple different conditions, for example, anxiety and depression. This may lead to problems with the correct choice of treatments and management for the patient. Our Psychiatrists are happy to provide another opinion regarding diagnosis.



Pharmacological & Physical Therapies

There is clear evidence that medication is of benefit in mental health issues. Some patients do not respond well to initial medications. They require further therapy and different medication combinations. Some patients may only respond partially to treatments. Our Consultant Psychiatrists are happy to provide opinions and assistance.

Psychological Therapies

We offer a comprehensive range of treatment options to meet the needs of patients with psychiatric and psychological problems.

This includes individual assessment and treatment by our experienced clinicians. We also have a range of therapy groups for inpatients and day patients.

Inpatient Therapy Services

Patients who are admitted as inpatients to The Marian Centre have access to the following therapy services:

- Activities based therapy group
- Enhanced coping skills group
- Relaxation training group
- Physical activities group
- Structured nursing interventions
- Family education & support groups
- Weekend therapy modules

Specialist Psychological Treatment Programs

Patients who are not admitted to The Marian Centre as inpatients can be referred for the following Specialist Psychological Treatment Programs:

- Cognitive Behaviour Therapy Program
- Mindfulness Based Cognitive Therapy Program
- Adolescent Therapy Program

Conditions & Age groups

Mental health issues can afflict any age group. We have Child and Adolescent, General, Consultation Liaison, Old Age, Alcohol/ Drug and Forensic Specialists in our practice. If you are uncertain on where to refer, our reception staff will be happy to assist you.



1. On-Call Service

We have a 24 hour/seven day a week on call service. Our on-call psychiatrist will assess the case and arrange the appropriate management. For urgent assistance or advice, call the hospital on 9380 4999.

2. Assessment & Management Plan

We will provide assessments, management, and inpatient admissions. We can also assist with mental health care plans.

3. Outpatient Assessment & Management

We have a number of practitioners based at 15 and 24 Colin Street, West Perth as listed on page 5 of this brochure. Referral to individual practitioners can be made at the rooms in Colin Street by phoning **9486 7399** (15 Colin) or **9485 2955** (24 Colin). Alternatively, you can fax the Centre on 9481 4105 or email: info@themariancentre.com.au.

4. Inpatient Care

We will provide inpatient care for your patients. Referral for assessment by the on-call psychiatrist can be made by General Practitioners or other Medical Specialists.

5. Therapy Groups

A range of groups have been developed to meet the needs of patients with a variety of disorders. Referral to these groups is via an accredited psychiatrist.

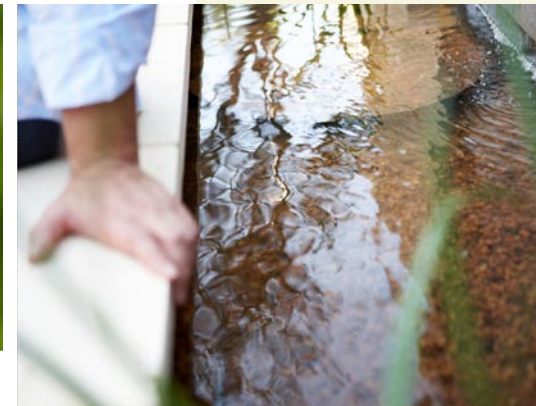
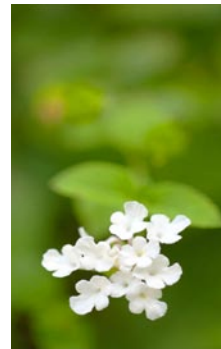
Costs & Accounts

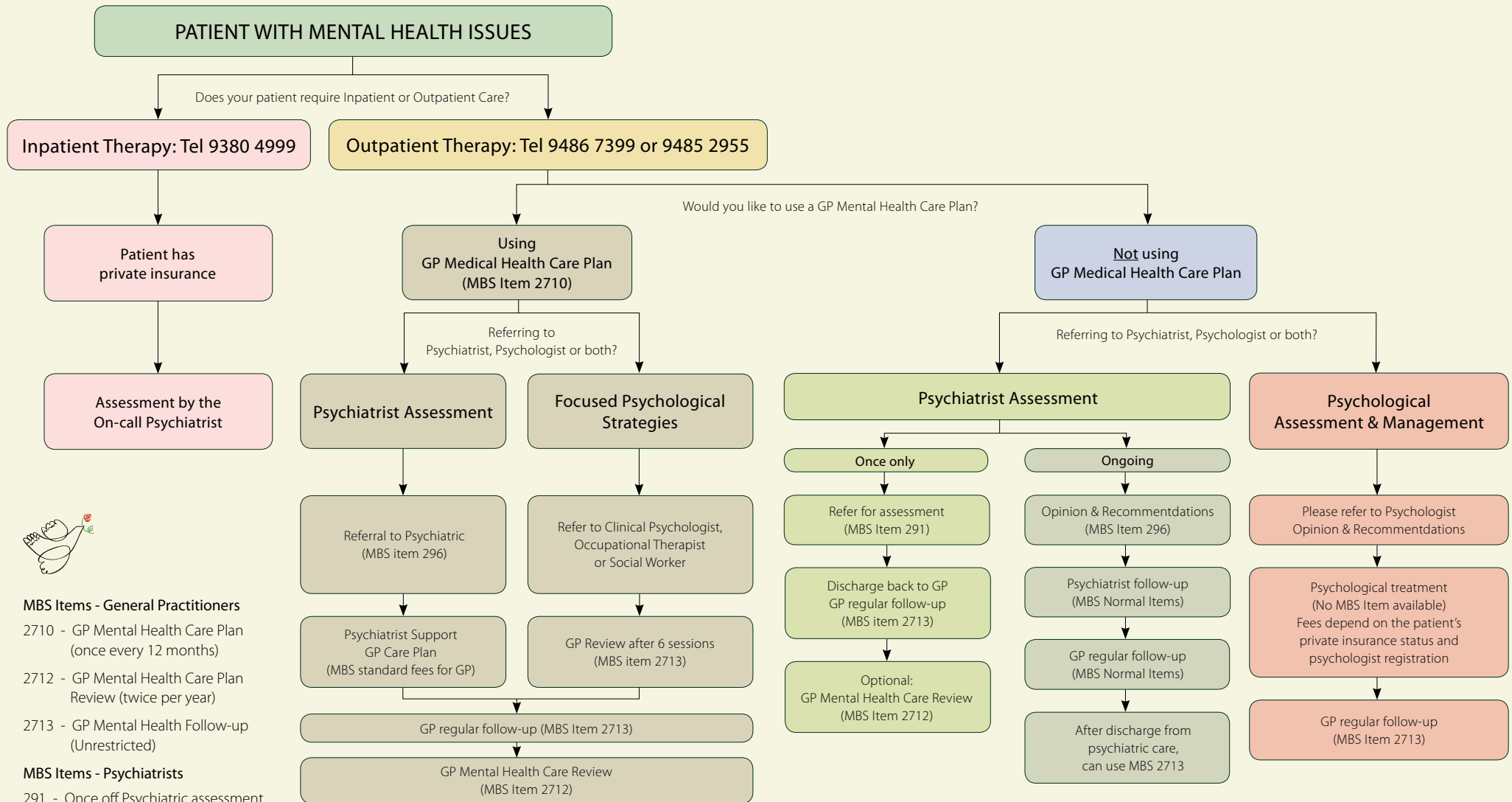
We provide services that are affordable and minimize expenses for patients. Please encourage your patients to ask for quotations.

Feedback

We welcome your involvement and value your feedback. Please contact the Centre on 9380 4999 or via email at info@themariancentre.com.au

Getting help during an episode of illness can be difficult and stressful for all involved. We have a variety of initiatives to assist General Practitioners and Specialists in accessing prompt, high quality service for their patients.





MBS Items - General Practitioners

2710 - GP Mental Health Care Plan (once every 12 months)

2712 - GP Mental Health Care Plan Review (twice per year)

2713 - GP Mental Health Follow-up (Unrestricted)

MBS Items - Psychiatrists

291 - Once off Psychiatric assessment and providing Care Plan for GP

296 - Psychiatric assessment as a part of GP Mental Health Care Plan

The Marian Centre provides a wide range of Inpatient and Same Day Patient Groups. Access is via an accredited Psychiatrist. Please specify in Mental Health Care Plan or if the group participation is required.