



FOR YOUR INFORMATION

EXERCISE & LIFESTYLE MANAGEMENT PROGRAM

Start date to be determined

When: Monday & Friday from 5.30 to 7.00 pm
How long: 4 weeks
Who: All suitable patients
Cost: May be covered by private health fund;
check with the Centre & your fund
Facilitator: Mr. Stuart Keith (Registered Nurse)
Where: The Marian Centre Subiaco
187 Cambridge Street
Wembley WA 6014

The Exercise & Lifestyle Management Program is most suited to patients who:

- Patients who display an adequate level of physical ability
- Patients who do not have any physical injuries that may be aggravated by the exercise being conducted
- Patients who are able to understand and follow simple instructions

Referrals can be made by completing a **Therapy Referral Form** & forwarding to reception at The Marian Centre. Fax: (08) 9388 3179

Alternatively online referrals can be made by going to our website at www.themariancentre.com.au

Please contact reception to enquire about cost & health fund rebates.

For further information please contact:
Mr. Stuart Keith
Registered Nurse
Email: skeith@themariancentre.com.au
Tel: (08) 9380 4999