



FOR YOUR INFORMATION **ADOLESCENT THERAPY (CBT) PROGRAM**

Commencing on Monday 14th September 2009

When: Monday & Thursday from 4.30 to 7.30pm
How long: 4 weeks
Who: Day patients only
Cost: May be covered by private health fund; check with the Centre & your fund
Facilitator: Dr Kelly Botha (Clinical Psychologist)
Ms Kristy Harders (Occupational Therapist)
Where: The Marian Centre - Subiaco
187 Cambridge Street
Wembley WA 6014

The Adolescent Program is most suited to patients who:

- Are aged between 13 & 17
- Are experiencing an *acute* episode of depression or anxiety
- Need to be able to *discuss* their current difficulties
- Need to learn *active strategies* for symptom management, problem solving & improvement in mood

Referral from an accredited psychiatrist is required. Referrals can be made by completing a **Therapy Referral Form** & forwarding to reception at The Marian Centre. Fax: (08) 9388 3179. Alternatively online referrals can be made by going to our website at www.themariancentre.com.au

Please contact reception to enquire about cost & health fund rebates.

For information about the program please contact **Dr Mark Craigie, Daypatient Coordinator:**

Email: mraigie@themariancentre

Tel: (09) 9380 4999